

# Great American Smokeout

November 16, 2017 | 11 a.m. - 2 p.m.



## Quit for a day and work towards a tobacco free life.

There is no safe level of tobacco use. Join St. Joe's Ann Arbor in recognizing the Great American Smokeout and take a pledge to quit.

On November 16th, our experts will be available at the Reichert, MOC, Radiation Oncology and Main Hospital entrances to provide support and share information on smoking cessation resources and health benefits.

*There will be prizes, raffles and giveaways!*

**Get started on a healthier you  
and quit today.**

For more information, visit [stjoeshealth.org/tobacco](http://stjoeshealth.org/tobacco)

BeRemarkable.